

8 DAYS 7 NIGHTS

# FUJIAN + GUANGDONG

Gourmet



福建 + 广东

舌尖上的闽粤



# EXCLUSIVE EXPLORE

## 深度、专属之旅



Guangji Bridge  
广济桥



IN DEPTH

SPECIAL ARRANGEMENT 特别安排



### 上青夜市餐厅 Shangqing Night Market Restaurant

Xiamen Shangqing Night Market is a Minnan-style restaurant opened by the Tiktok influencer, which specializes in authentic Minnan home cooking and local seafood, featuring 'down-to-earth' culinary vibes, interactive performances and popular dishes, and has become a new landmark of Xiamen's late-night suppers.

厦门上青夜市是抖音网红“上青杰哥”开设的闽南风味夜市餐厅，主打地道闽南家常菜和本港海鲜，以烟火气、表演互动和网红菜品为特色，成为厦门夜宵新地标。

### 千潮宴 | 新洋路美食热门榜TOP1 | 谢霆锋《锋味》同款打卡地 QIANCHAOYAN | XYR Top 1 | Visit the same restaurant as Nicholas Tse's program "Chef Nic"

It is one of the most popular local restaurants on Xinyang Road in Chaozhou, and has long been at the top of the food charts. The restaurant is popular for its authentic Teochew flavors and intimate, family-style atmosphere, and is a popular place for locals to get together for dinner. The restaurant has also been featured on Nicholas Tse's food program "Chef Nic", making it a popular stopover!

是潮州新洋路最受欢迎的本地餐厅之一，长期位列美食排行榜前列。餐厅以正宗潮州风味和亲切的家庭式氛围广受欢迎，也是当地人聚餐首选之地。更曾登上谢霆锋的美食节目《锋味》，成为人气打卡餐厅！



### 武夷山与天游峰 Wuyi Mountains and Tianyou Peak

The Wuyi Mountains are listed as a World Cultural and Natural Heritage Site by UNESCO. Well known for their abundance of deep canyons, dense forests, waterfalls, animals, flora, and fauna. They are an idyllic destination for any nature lover.

武夷山被联合国教科文组织列为世界文化和自然遗产地。武夷山以其丰富的深山峡谷、茂密的森林、瀑布、动物、植物和动物群而闻名。对于任何自然爱好者来说，它们是一个田园诗般的目的地。

### 《印象大红袍》 «Impression Dahongpao»

Renowned director Zhang Yimou's "impression" series. It highlights the splendid scenery of Mount Wuyi and its rich tea culture. 70-minutes show boasts a 360-degree angle rotating audience seats.

出自于著名导演张艺谋的“印象”系列，它突出了武夷山的壮丽景色和丰富的茶文化。70分钟的演出拥有360度角度旋转的观众席。

### 《舌尖上的中国》推荐 - 星园围龙屋 Recommend by "Bite of China" - XingYuan walled village

The traditional Hakka Grand Poon Choi of Star Garden Restaurant of Wei Long House has been featured on the third season of CCTV's "Bite of China" with its unique flavor, becoming a representative of Meizhou cuisine. Each dish showcases the authentic Hakka flavor, allowing you to enjoy the food while experiencing a feast on the tip of your tongue and feeling the Hakka people's deep emotions towards food.

围龙屋星园酒家的传统客家大盆菜，以独特风味登上央视《舌尖上的中国》第三季，成为梅州美食的代表。每一道菜都展现了地道的客家风味，让您在享受美食的同时，体验一场舌尖上的盛宴，感受客家人对美食的深厚情感。





## 舌尖上的闽粤 Gourmet

### DAY 1

#### Kuala Lumpur → Xiamen

(MOB / Lunch / Dinner)

- **Xiamen Mountains-to-Sea Trail** is the Xiamen Health Footpath / **Zhongshan Road Pedestrian Street** is a commercial street in Xiamen / **Lujiang Night Cruise Tour** enjoy the view of Gulangyu Island and the changing night view of Ludao / **Coach Tour Xiamen night view**

### DAY 2

#### Xiamen (Approx. 4h) Shantou

(Breakfast / Lunch / Dinner)

- **Gulangyu Island** is the UNESCO World Cultural Heritage Site **Shuzhuang Garden**, **Piano Museum**, **Longtou Road**, **World Building Expo** (Buggies Included) / **Coach Tour People's Square** / **Arcade Buildings** / Visit the veranda of tourist commercial center in Shantou Old Town

### DAY 3

#### Shantou (Approx. 1h) Chaozhou (Approx. 2h) Meixian

(Breakfast / Lunch / Dinner)

- Chaozhou spots: **Xiangqiao District**, **West Lake** / **Guang Ji Men Cheng Lou** / **Riverside Promenade** / **Coach Tour Chaozhou Ancient City** (Buggies Included) / **Paifang Street** / **Have a view of the Thousand Buddha Pagoda** / **Take a car trip around the Meijiang River** to enjoy the night view from both sides.

### DAY 4

#### Meixian (Approx. 1h30m) Dabu (Approx. 1h30m) Yongding

(Breakfast / Lunch / Dinner)

- Visit **China Hakka Museum** \*Close on Monday\* / **Hakka Walled Village** is a large multi-family communal living structure / Stroll through the Songkou ancient street, the prosperity of the past can be seen vaguely, feel the old days of "Little Hong Kong" called ~Songkou Ancient town & Fireboat Wharf. / Enjoy **SPA** in the hotel (Free Hot Spring admission ticket) \*Please bring your own swimsuit and swimming cap\*

### DAY 5

#### Yongding (Approx. 3h) Yongan

(Breakfast / Lunch / Dinner)

- **Chuxi Tulou Cluster** (Jiqing Building、Shanqing building、Shengqing Building) / Visit fruit farms to pick and taste seasonal fruits (Perfume Lemons Jan-Dec, Mandarin Oranges Oct-Feb, Vegetarian Grapes Mar-May, Grapes Jun-Oct, Dragon Fruits Jul-Oct)

### DAY 6

#### Yongan (Approx. 3h30m) Wuyi Mountains

(Breakfast / Lunch / Dinner)

- **Visit the beautiful Wuyi Mountains** / Enjoy the first scenic spot view of **Wuyi Tianyou Peak (Yunwo)** / **Impression Dahongpao Show**

### DAY 7

#### Wuyi Mountains (Approx. 4h) Fuzhou

(Breakfast / Lunch / Dinner)

- Enjoy view of **Jiuqu Stream** by bamboo raft / **Wuyi Palace** / **Song Street** / Visit tea garden at Wuyi to enjoy **tea picking and experience Chinese Traditional Tea Art** / Visit the top ten historical and cultural streets in China **Sanfang Qixiang** (Nanhou Street)

### DAY 8

#### Fuzhou → Kuala Lumpur

(Breakfast / MOB)

\* Sequences of itinerary are subject to local arrangement  
\* Itineraries, meals, hotels and transportation are subject to change without prior notice.  
\* Pictures for reference only





Hakka Walled Village  
客家围龙屋



Paifang Street  
牌坊街

## 第1天 吉隆坡 ✈ 厦门

(机上用餐 / 午餐 / 晚餐)

- 山海健康步道，其长达23公里的系统，创造了亲近自然生态的便捷路径，以及山体滨水空间和城市全景的观赏视野 / 全国十大文明街的中山路步行街 / 欣赏夜幕下灯光绚丽的鹭江两岸厦门与鼓浪屿梦幻夜景的鹭江游船 / 车游厦门夜景

## 第2天 厦门 (约4小时) 汕头

(早餐 / 午餐 / 晚餐)

- 被誉为“东南亚的一颗海上明珠”的鼓浪屿，菽庄花园、钢琴博物馆、龙头路商业街、万国建筑（含去程电瓶车） / 车游汕头的重要地标人民广场 / 参观名为“四永一升平”的一道道骑楼、老市区的商业和文化中心的历史文化街区小公园。

## 第3天 汕头 (约1小时) 潮州 (约2小时) 梅县

(早餐 / 午餐 / 晚餐)

- 游览潮州：湘子桥（登桥）、西湖 / 参观潮州城区保存完好600多年历史的古建筑广济门古城楼 / 漫步滨江长廊 / 车游潮州古城\*含电瓶车\* / 参观集非物质文化遗产、传统工艺、特色小吃等为一体的文化古街牌坊街 / 游览千佛塔，晚上车游梅江，欣赏两岸夜景。

## 第4天 梅县 (约1小时30分) 大埔 (约1小时30分) 永定

早餐 / 午餐 / 晚餐)

- 游览客家历史博物馆（逢周一闭馆） / 是具有极强的中国传统礼制、伦理观念及风水意识的围村民居建筑客家围龙屋 / 漫步松口古街道，昔日的繁华依稀可见，感受旧时有“小香港”之称的【松口古镇、火船码头】 / 在酒店尽情享受温泉SPA（赠送温泉门票）\*请自备泳衣泳帽\*

\* 行程次序以当地旅社安排为准。  
\* 行程、膳食、住宿、交通等可能会因不可抗拒因素而更动，恕不另行通知。  
\* 图片仅供参考。

## 第5天 永定 (约3小时) 永安

(早餐 / 午餐 / 晚餐)

- 参观福建最美丽的古村落，土楼中最美丽、最原生态的世界文化遗产初溪土楼群（集庆楼、善庆楼、绳庆楼） / 参观特色农场采摘及品尝应季水果  
(香水柠檬1-12份、桔子10月-2月，素葡萄3-5月份，葡萄6-10月，火龙果7-10月)

## 第6天 永安 (约3小时30分) 武夷山

(早餐 / 午餐 / 晚餐)

- 有奇秀甲天下美称的武夷山 / 游览武夷第一胜景天游峰（云窝、茶洞） / 欣赏由张艺谋、王潮歌、樊跃共同组成的“印象铁三角”领衔导演的山水实景演出《印象大红袍》秀

## 第7天 武夷山 (约4小时) 福州

(早餐 / 午餐 / 晚餐)

- 乘坐别具特色的竹筏畅游九曲溪 / 是历代帝王祭祀武夷神君的地方武夷宫 / 仿古宋街 / 参观武夷山文化茶馆研学基地（茶青采摘 + 茶艺体验） / 游览中华十大历史文化名街三坊七巷（南后街）

## 第8天 福州 ✈ 吉隆坡

(早餐 / 机上用餐)



Lujiang Night Cruise  
鹭江夜游





**Hakka Cuisine**  
客家九大簋



**Steamed Lobster**  
清蒸龙虾



**Mei Zhou Poon Choi**  
梅州大盆菜

Find Your Direction



Special Arranged by

**IN DEPTH**

DAY 天	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐	HOTEL 酒店
1	Meal On Board 机上用餐	Fujian Cuisine 闽南风味 (80)	Xiamen Lobster & Seafood Cuisine 厦门龙虾海鲜宴 (120)	厦门森海丽景酒店 或同级 4★ The Greenway Hotel or similar
2	Hotel Breakfast 酒店早餐	Shangqing Night Market Restaurant 上青夜市餐厅 (120)	Chaoshan Specialty Buffet 潮汕特色自助菜 (130)	汕头铂晶大酒店 或同级 4★ Platinum Crystal Hotel Shantou or similar
3	Hotel Breakfast 酒店早餐	Chiu Chow Flavour 谢霆锋打卡潮州餐厅 - 千潮宴 (80)	Pooi Coi with Abalone 鲍鱼大盆菜 (120)	梅州金叶戴斯温德姆 或同级 4★ Days Hotel by Wyndham Meizhou Meijiang or similar
4	Hotel Breakfast 酒店早餐	Meizhou BBQ + Hotpot Buffet 梅州自助烤肉+ 小火锅 (80)	Hakka Specialty 客家风味 (90)	天子温泉大酒店 或同级 5★ LongPo Bay Hotel or similar
5	Hotel Breakfast 酒店早餐	Hakka Cuisine 客家九大簋风味 (60)	Yanjianglou Specialty 燕江楼永安小吃 (70)	永安红太阳大酒店或同级 5★ Red Sun Grand Hotel or similar
6	Hotel Breakfast 酒店早餐	Wuyi Farm Specialty 武夷农家风味 (80)	Wuyi Tea Cuisine 武夷茶宴 (100)	武夷山温德姆花园酒店或同级 5★ Wyndham Garden Wuyishan or similar
7	Hotel Breakfast 酒店早餐	Authentic Wuyi Cuisine 武夷文公宴 (70)	Fuzhou Fotiaoqiang 福州佛跳墙 (200)	福州泰禾凯宾斯基酒店或同级 5★ Kempinski Hotel Fuzhou or similar
8	Hotel Breakfast 酒店早餐	Meal On Board 机上用餐		--





If it's worth it, why not give it more time and explore deeper?

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**Experience the local customs of Fujian, Hakka and Chaoshan**

横跨两地深度体验闽南、  
闽北、客家、潮汕的  
古朴风土人情



**Visit historical side to learn more about the local history and culture**

游览历史古迹，了解各地  
域族群的历史、文化、习  
俗、语言及生活习惯



**In Xiamen, out Fuzhou, without backtracking to save more time and money**

进厦门，出福州，  
不走回头路，  
让您省时省钱，轻松游览。



**Visit several netizens hit spots**

多个热门  
网红打卡景点



**Special high-priced meal arrangements:**

**Meizhou Poon Choi, Fuzhou Fotiaoqiang, Xiamen Lobster & Seafood Cuisine**

特色高价膳食安排：  
梅县客家盆菜，福州佛跳墙，  
厦门龙虾海鲜餐



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