

Amazing 中国  
CHINA 中国

8D7N

# 成都/九寨沟/黄龙/达古冰川/ 古尔沟/毕棚沟/都江堰

CHENGDU/JIUZHAIGOU/HUANGLONG/  
DAGU GLACIER/GUERGOU/BIPENGGOU/DUJIANGYAN

Singapore ✈ Chengdu

Tour Code: JCCZ-3



China  
中国



全程无购物站

NO SHOPPING STOP



Jiuzhaigou Scenic Area  
九寨沟风景区



Huanglong Scenic Area  
黄龙风景区



Wide and Narrow Alley  
宽窄巷子



Dagu Glacier National Park  
达古冰川

行程次序，以当地旅社安排为准。  
Sequences of Itinerary are subject  
to local arrangement.





Panda Park  
熊猫乐园



Songpan Ancient Town  
松潘古城



Chunxi Road Pedestrian Street  
春熙路步行街



## 精简行程

**第一天** 新加坡 ✈️ 成都 (机上用餐)

☑ 入住酒店

**第二天** 成都 🚌 九寨沟 (早/午/晚)

☑ 叠溪海子  
☑ 松潘古城 (不含上城墙)

**第三天** 九寨沟 (早/午/晚)

☑ 九寨沟风景区 (含环保车散票)

**第四天** 九寨沟 🚌 黄龙 🚌 茂县 (早/午/晚)

☑ 黄龙风景区 (不含缆车和接驳车)

**第五天** 茂县 🚌 达古冰川 🚌 古尔沟 (早/午/晚)

☑ 达古冰川 (含环保车+缆车上下)  
☑ 色尔古藏寨 (远观)  
☑ 酒店内含温泉 (需自备泳衣)

**第六天** 古尔沟 🚌 毕棚沟 🚌 都江堰 (早/午/晚)

☑ 毕棚沟景区 (含观光车+电瓶车)  
☑ 仰天窝自拍熊猫广场 (网红打卡地)  
☑ 灌县古城  
☑ 南桥夜景+蓝眼泪

**第七天** 都江堰 🚌 成都 (早/午/晚)

☑ 熊猫乐园 (含电瓶车)  
☑ 宽窄巷子  
☑ 锦里古街  
☑ 春熙路步行街  
☑ 远洋太古里  
☑ IFS国际金融中心

**第八天** 成都 ✈️ 新加坡 (早/机上用餐)



✓ 7早餐/6午餐/6晚餐

风味餐：

★ 羌族风味      ★ 景区自助餐  
★ 中式料理      ★ 四川火锅

## 观光景点：

### 达古冰川 (平均海拔约4860米左右)

◆ **达古冰川** - 达古冰川位于四川阿坝州黑水县，是世界上海拔最低、年纪最轻、交通最便捷的现代冰川之一。乘坐亚洲海拔最高的观光索道登顶，雪山、冰川、森林与湖泊尽收眼底。洁白冰原与碧蓝高山湖交相辉映，远处云雾缭绕，仿佛置身童话世界。

### 都江堰

◆ **熊猫乐园** - 坐落在风景优美的青城山镇，位于青城山景区与古镇之间，是中国唯一以大熊猫疾病防控、野外救护为主的科研机构。园区内竹林婆娑，绿树成荫，翠竹葱茏，鸟语花香，空气清新，加上成片的草坪和蜿蜒步道，步入其中顿觉神清气爽。乐园紧邻大熊猫栖息地世界遗产区域，拥有适宜大熊猫生活的气候和自然环境。这里住着非常多憨态可掬的大熊猫，每天憨吃耍宝、慵懒悠然自得、尽情打闹玩乐，熊猫的“花式卖萌”深受游客的喜爱。

### 九寨沟 (平均海拔约2000-3000米左右)

◆ **九寨沟风景区** - 位于四川省阿坝藏族羌族自治州九寨沟县内，地处青藏高原、川西高原向四川盆地过渡地带，是一条纵深50余千米的山沟谷地，由树正沟、则查洼沟和日则沟三条沟构成，森林覆盖面积80%，因沟内有九个藏族村寨坐落在这片美丽的高山湖泊中而得名。“雪山、海子、彩林、叠瀑、藏羌风情”系九寨五绝，驰名中外。

### 黄龙 (平均海拔约3000-4000米左右)

◆ **黄龙风景区** - 位于四川省阿坝藏族羌族自治州松潘县境内，主景区黄龙沟位于岷山主峰雪宝顶下，以彩池、雪山、峡谷、森林“四绝”著称于世，是中国唯一的保护完好的高原湿地，1992年被联合国教科文组织列为世界自然遗产。

### 毕棚沟

◆ **毕棚沟景区** - 景区平均海拔约2000-5000米左右，集高原、冰川、温泉、峡谷风光于一体，沟内奇峰峭立，峡谷幽深，冰川纵横，瀑布飞挂，野生动植物种类繁多。古朴的自然风光、古老的生态环境、古怪的岩石峰峦，使毕棚沟成为旅游者向往的天堂。

### 成都

◆ **宽窄巷子** - 由宽巷子、窄巷子、井巷子平行排列组成，全为青黛砖瓦的仿古四合院落，这里也是成都遗留下来的较成规模的清朝古街道，与大慈寺、文殊院一起并称为成都三大历史文化名城保护街区。先后获2009年“中国特色商业步行街”、四川省历史文化名街、2011年成都新十景、四川十大最美街道等称号。

## 注意事项

- 高原反应 - 此行程内景点多数属于高海拔地区，为防高山反应，老年人和身体弱者需备好药品，最好配备小型氧气瓶；游客在高原旅行期间禁止饮酒，不要剧烈运动，多食蔬菜和水果；心脏病患者和患有哮喘的人不建议参与此行程。
- 高原气候 - 高原气候变化多样，昼夜温差大；气候多变请带足保暖防寒衣物，也随时可能下雨，请携带好雨伞或雨衣，高原山区紫外线、日照、阳光反射都很强，旅客长时间在户外活动，需要带上太阳镜，防晒霜，润唇膏，穿好防晒衣保护皮肤，手套，围巾，防滑性好的旅游或运动鞋。
- 如行程景点因天气或其他不可抗拒因素不对外开放，将改为其他景点游览。
- 各段景区内内部有标注温馨提示以及注意事项，请游客认真阅读，避免意外发生。



酒店住宿 (7晚)

✓ 简阳德润达酒店或同级 x1晚  
✓ 九寨沟丽呈华廷酒店或同级 x2晚  
✓ 茂县国际饭店或同级 x1晚  
✓ 古尔沟温泉山庄或同级 x1晚  
✓ 都江堰古城国际度假酒店或同级 x1晚  
✓ 成都雅爵酒店或同级 x1晚

推荐自费项目：藏羌歌舞秀+川剧变脸秀+廊桥夜景 [人民币380/人]

免责声明：由于新冠肺炎疫情旅行限制当地/宗教节日，公众假期，天气状况，交通等情况，自然灾害，必要时黄金旅程保留对行程进行适当调整（调整景点游览顺序）以确保行程顺利进行，会或否事先通知。

备注：如果旅游行程受到上述问题的影响，将不予退款或更换。图片仅供参考。





## SCHEDULE

### D1 SINGAPORE ✈️ CHENGDU (MOB)

- ✓ Check in Hotel

### D2 CHENGDU 🚌 JIUZHAIGOU (B/L/D)

- ✓ Die Xi Lake
- ✓ Songpan Ancient Town (Outlook)

### D3 JIUZHAIGOU (B/L/D)

- ✓ Jiuzhaigou Scenic Area  
(Include Eco-friendly Bus)

### D4 JIUZHAIGOU 🚌 HUANGLONG MAOXIAN (B/L/D)

- ✓ Huanglong Scenic Area  
(Exclude Cable Car & Buggy Ride)

### D5 MAOXIAN 🚌 DAGU GLACIER GUERGOU (B/L/D)

- ✓ Dagou Glacier National Park  
(Include Eco-friendly Bus & Cable Car)
- ✓ Seergu Tibetan Village (Distant View)
- ✓ Hotel Hot Spring (Self Prepare Swimsuit)

### D6 GUERGOU 🚌 BIPENGGOU DUJIANGYAN (B/L/D)

- ✓ Bipenggou Valley Scenic Area  
(Include Scenic Shuttle Bus & Electric Buggy Car)
- ✓ Yangtianwo Plaza
- ✓ Guanxian Ancient Town
- ✓ South Bridge Night View  
+ Blue Eye Tears

### D7 DUJIANGYAN 🚌 CHENGDU (B/L/D)

- ✓ Panda Base (Include Electric Buggy Car)
- ✓ Wide And Narrow Alley
- ✓ Jinli Ancient Street
- ✓ Chunxi Road Pedestrian Street
- ✓ Sino-Ocean Taikoo Li
- ✓ IFS International Financial Centre

### D8 CHENGDU ✈️ SINGAPORE (B/MOB)



✓ 7 Breakfast / 6 Lunch / 6 Dinner

Special Cuisine:

- ★ Qiang Cuisine
- ★ Chinese Cuisine
- ★ Scenic Buffet
- ★ Sichuan Hotpot

## TOURIST ATTRACTIONS:

### DAGU GLACIER NATIONAL PARK (AVERAGE ALTITUDE AT 4860M)

- ◆ **Dagu Glacier National Park** - Located in Heishui County, Sichuan, Dagou Glacier is one of the world's lowest, youngest, and most accessible modern glaciers. Take a high-altitude cable car to enjoy amazing views of snowy mountains, glaciers, forests, and lakes. The white ice and blue water make the whole place look like a fairy tale.

### DUJIANGYAN

- ◆ **Panda Park** - Located in the picturesque town of Qingchengshan, between the Qingcheng Mountain scenic area and the ancient town, this is China's only research center focused on disease prevention and wild rescue of giant pandas. Surrounded by bamboo groves, lush greenery, and peaceful walking paths, the park offers a refreshing natural environment. Adjacent to the giant panda habitat World Heritage site, it provides an ideal climate and setting for pandas. Visitors can observe many adorable pandas eating, playing, and relaxing—an experience that delights people of all ages.

### JIUZHAIGOU (AVERAGE ALTITUDE 2000-3200M)

- ◆ **Jiuzhaigou Scenic Area** - Jiuzhaigou is a famous scenic valley made up of three main areas: Shuzheng, Zechawa, and Rize Valleys. It stretches over 50 km and is 80% covered by forest. The name comes from the nine Tibetan villages scattered throughout the area. Known for its "Five Wonders" — snowy mountains, colorful lakes, forests, waterfalls, and Tibetan-Qiang culture — Jiuzhaigou is world-renowned for its natural beauty.

### HUANGLONG (AVERAGE ALTITUDE AT 3000-4000M)

- ◆ **Huanglong Scenic Area** - Located in Songpan County, Sichuan, Huanglong lies beneath the Xuebaoding Peak. It's famous for its colourful pools, snow mountains, deep valleys, and forests. As China's best-preserved highland wetland, it was listed as a UNESCO World Natural Heritage site in 1992.

### BIPENGGOU

- ◆ **Bipenggou Valley Scenic Area** - Located at an average altitude of 2,000–5,000 meters, Bipenggou features a stunning mix of plateau scenery, glaciers, hot springs, and deep gorges. The area is filled with sharp peaks, waterfalls, glaciers, and rich wildlife. Its untouched natural beauty, ancient ecology, and unique rock formations make it a dream destination for nature lovers.

### CHENGDU

- ◆ **Wide and Narrow Alley** - Comprising Wide Alley, Narrow Alley, and Well Alley arranged in parallel, all featuring antique courtyards with grey-blue bricks and tiles. It is one of the relatively large historical streets preserved from the Qing Dynasty in Chengdu, collectively known as one of the three major historically and culturally protected street areas along with Da Ci Temple and Wenshu Monastery. It has received various titles, such as "China's Characteristic Commercial Pedestrian Street" in 2009, Sichuan's Historical and Cultural Famous Street, one of Chengdu's New Ten Scenic Spots in 2011, and one of Sichuan's Ten Most Beautiful Streets.

## Remark

- Altitude Sickness** - Many sites in this itinerary are located at high altitudes. Seniors and those with weaker health conditions are advised to bring necessary medications and carry portable oxygen if needed. During the trip, avoid alcohol, refrain from intense physical activity, and eat more vegetables and fruits. This tour is not recommended for individuals with heart disease or asthma.
- Plateau Climate** - The climate in high-altitude areas can be unpredictable, with significant temperature differences between day and night. Please bring enough warm clothing and rain gear, as sudden weather changes and rainfall are common. Due to strong UV rays, intense sunlight, and reflection, travellers may spend extended time outdoors should wear sunglasses, sunscreen, lip balm, sun-protective clothing, gloves, scarves, and sturdy, non-slip walking or hiking shoes.
- If the scenic spot does not open to the public due to weather or other irresistible factors, will be replaced by another scenic spot.
- All the scenic spots are marked with warm reminders and precautions, please read carefully to avoid accidents.



### HOTEL OR SIMILAR (7 NIGHTS)

- ✓ Derunda Hotel or Similar Class x 1 Night
- ✓ Jiuzhaigou Licheng Huating Resort or Similar Class x 2 Nights
- ✓ Maoxian International Hotel or Similar Class x 1 Night
- ✓ Guergou Spa Resort or Similar Class x 1 Night
- ✓ Dujiangyan Holiday Inn Express or Similar Class x 1 Night
- ✓ Chengdu Yajue Hotel or Similar Class x 1 Night

**Optional Tour: Tibetan Qiang Song And Dance Show  
+ Sichuan Opera Face-Changing Show + Landscape Bridge Night Scene [RMB380 Per/Pax]**

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.  
Remark: There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only.

# General Information

## • 成都 CHENGDU •



<b>货币</b> Currency 	<b>中国元</b> 人民币 Chinese Yuan Renminbi - CNY - RMB - CNY - RMB	<b>信用卡</b> Credit Card 	* 致电信用卡中心，以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used
<b>货币兑换率</b> Exchange Rate 	10 元 = 马币 6.50 10 CNY = MYR 6.50 <small>*Subject to currency of the day* *以当天汇率为准*</small>	<b>拨号代码</b> Dial Code 	<b>中国</b> : +86 <b>China</b> : +86
<b>电压</b> Voltage 	<b>电压 - 220伏特</b> Voltage - 220 V	<b>插座</b> Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
<b>时差</b> Time Different 	<b>中国 - 时间与马来西亚时间标准时无相差</b> China - No time different with Malaysia	<b>行李托运</b> Luggage Allowance 	每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过23公斤。 Each individual are entitled to check in 1 luggage of not more than 23 kg and a hand carry bag not more than 7 kg.
<b>气候</b> Weather 	<div> <input type="checkbox"/> <b>Spring 春季</b> 3月 - 5月 Mar to May 25°C ~ 10°C           </div> <div> <input type="checkbox"/> <b>Summer 夏季</b> 6月 - 8月 Jun to Aug 30°C ~ 24°C           </div> <div> <input type="checkbox"/> <b>Autumn 秋季</b> 9月 - 11月 Sep to Nov 24°C ~ 9°C           </div> <div> <input type="checkbox"/> <b>Winter 冬季</b> 12月 - 2月 Dec to Feb 7°C ~ -3°C           </div> <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
<b>飞机型号</b> Aircraft Type 	 A321		

<b>出发日期:</b> Departure Date:	<input type="text"/>	<b>航班行程:</b> Flight :	<input type="text"/>
<b>团费:</b> Tour Fare:	<input type="text"/>	<b>机场税及燃油附加费:</b> Airport Tax & Fuel Surcharge:	<input type="text"/>
<b>小费:</b> Tipping:	<input type="text"/>	<b>旅行社代收费:</b> Agent Collection Fee:	<input type="text"/>
<b>签证:</b> Visa:	<input type="text"/>	<b>旅行保险:</b> Travel Insurance:	<input type="text"/>
		<b>总数:</b> TOTAL :	<input type="text"/>

GD Partner:

