

大漠烏蘭

中國寧夏

全景深度8天7晚遊

銀川 | 鎮北堡西部影城 | 賀蘭山巖畫 | 烏蘭湖沙漠越野車兩湖穿越
閱彩城觀光夜市 | 沙湖 | 西夏王陵 | 紅瑪瑙枸杞園
青銅峽黃河大峽谷108塔 | 沙坡頭 | 66號公路 | 水洞溝 | 覽山公園



社會餐廳享美食

紅燜羊肉+黃河鯉魚+霸王牛蹄+羊雜
地鍋雞+手撕雞+金湯肥牛+荷塘月色

全程網評四鑽酒店

升級1晚希爾頓歡朋酒店
11月份開始住一晚沙漠星星酒店

2+1陸地頭等艙航空座椅保姆車，加寬間距，柔軟座椅，乘坐更舒適



去程 AQ1246 吉隆坡-貴陽 KUL-KWE 17:15 -21:35; 貴陽-銀川 KWE-INC 23:10-01:30+1
回程 AQ1380 銀川-貴陽 INC-KWE 08:00-10:20 ; 貴陽-吉隆坡 KWE-KUL 11:50-16:15

行程概覽

推荐自费：通湖草原（篝火晚会）198MYR
Optional Tour: Tonghu Grassland Bonfire Party = 198 MYR

保證自費：滑沙+騎駱駝+羊皮筏子+沙漠越野=398MYR
Compulsory Tour Package: Sandboarding + Camel Riding + Goat-skin Rafting + Desert Off-road Driving = 398 MYR

包含：全程機場稅+機上用餐+20KG 行李津貼+司機導游小費
Included: All Airport Taxes + In-flight Meals + 20KG Luggage Allowance + Driver & Guide Tips

送：礦泉水2瓶/人•天
Daily Bottled Water

D1 吉隆坡—貴陽—銀川 Kuala Lumpur → Guiyang → Yinchuan

餐：(機上用餐-國際段)

宿：銀川

Meals: (MOB)

Hotels: Yinchuan

吉隆坡直飛前往銀川，接機後入住酒店。

Direct flight from Kuala Lumpur to Yinchuan. Transfer to hotel upon arrival.

D2 睡到自然醒—50km 40min—鎮北堡西部影城—16km 20min—賀蘭山巖畫—38km 40min—銀川 Yinchuan → Zhenbeibao Western Film Studio → Helan Mountain Rock Carvings → Yinchuan

餐：早中晚

宿：銀川

Meals: BLD

Hotels: Yinchuan

鎮北堡西部影城是寧夏以荒涼古堡為特色的影視基地，因《紅高粱》《大話西遊》等經典影片在此取景而聞名。**賀蘭山巖畫**是遠古先民刻在巖石上的史前藝術瑰寶，被譽為“刻在石頭上的史詩”。

Zhenbeibao Western Film Studio: A unique desert fortress-themed movie base in Ningxia, famous for filming classics like Red Sorghum and A Chinese Odyssey. **Helan Mountain Rock Carvings**: Prehistoric rock art created by ancient inhabitants, hailed as "an epic carved in stone."

D3 銀川—160km 2.5h—烏蘭湖沙漠越野車兩湖穿越—160km 2.5h—閱彩城觀光夜市—20km 40min—銀川 Yinchuan → Ulan Lake Desert Off-Road Adventure → Yuecai City Night Market

餐：早中晚

宿：銀川

Meals: BLD

Hotels: Yinchuan

烏蘭湖是內蒙古阿拉善左旗騰格裏沙漠腹地的紅色鹽湖，因含杜氏鹽藻等微生物呈心臟狀鮮紅色，被譽為“地球之心”。**閱彩城觀光夜市**“塞上”點明銀川地域特色，“不夜天”強化夜市活力。

Wulan Lake (Ulan Lake) is a crimson salt lake located in the hinterland of the Tengger Desert within Alxa Left Banner, Inner Mongolia. Its vibrant heart-shaped red hue, attributed to microorganisms like Dunaliella salina (a type of salt-tolerant algae) and halophilic bacteria thriving in its hypersaline waters, has earned it the poetic epithet "Heart of the Earth".

Yuecai City Night Market: A vibrant hub showcasing local flavors, described as "Where desert nights come alive."

D4 銀川—50km 1h—沙湖(含遊船)—50km 1h—西夏王陵—40km 1h—銀川 Yinchuan → Sand Lake(Cruise ship) → Western Xia Imperial Tomb → Yinchuan

餐：早中晚

宿：銀川

Meals: BLD

Hotels: Yinchuan

沙湖既有湖泊的寧靜秀美，又有沙漠的浩瀚壯麗。**西夏王陵**，吸收自秦漢以來，唐宋皇陵之所長，又受佛教建築影響，構成中國陵園建築中別具一格的形式，故有東方金字塔之稱。

Shahu Lake: combining the tranquil beauty of a lake with the vast grandeur of a desert. **Western Xia Imperial Tombs**: The Western Xia Imperial Tombs integrate the essence of imperial mausoleums from the Qin to Tang-Song dynasties with Buddhist architectural influences, forming a unique paradigm in Chinese funerary architecture. This distinctiveness has earned them the epithet "Oriental Pyramids"

D5 銀川—20km 25min—紅瑪瑙枸杞園—87km 1.5h—青銅峽黃河大峽谷108塔—130km 2h—中衛(自費推薦：通湖草原篝火晚會) Yinchuan → Hongmanaogoji Wolfberry Garden → Qingtongxia Yellow River Grand Canyon(108 Pagodas) → Zhongwei (Optional Tour: Tonghu Grassland Bonfire Party)

餐：早中晚

宿：中衛

Meals: BLD

Hotels: Zhongwei

紅瑪瑙枸杞園是寧夏首家以枸杞文化為主題的生態觀光景區，遊客可體驗採摘新鮮枸杞、了解千年養生文化，並觀賞珍稀枸杞品種。**青銅峽黃河大峽谷**是黃河上游壯美的峽谷奇觀，被譽為“黃河小三峽”。(自費推薦：通湖草原篝火晚會)

Red Agate Wolfberry Garden is Ningxia's first ecological tourism destination themed around wolfberry culture, offering visitors opportunities to pick fresh wolfberries, explore its millennium-old wellness traditions, and marvel at exotic wolfberry species. **Qingtongxia Yellow River Grand Canyon**: Known as the "Little Three Gorges of the Yellow River," showcasing dramatic canyon landscapes.

Optional Tour: Tonghu Grassland Bonfire Party

D6 中衛—20km 30min—沙坡頭—50km 1h—66號公路 Zhongwei → Shapotou Desert → Route 66 Highway

餐：早中晚

宿：中衛

Meals: BLD

Hotels: Zhongwei

中衛**沙坡頭**是騰格裏沙漠與黃河交融的奇觀，集大漠、黃河、綠洲於一體，被譽為“中國最美的沙漠景觀”。中衛**66號公路**是穿越戈壁與黃河的西北自駕勝地，以U型峽谷公路和蒼茫風光被譽為“中國版66號公路”。

Shapotou Scenic Area: It is a spectacular convergence of the Tengger Desert and the Yellow River, blending towering dunes, winding river vistas, and lush oases into one breathtaking scene. It is acclaimed as "China's most stunning desert landscape" **Zhongwei "66 Highway"**: The Zhongwei "66 Highway" is a renowned self-driving route in northwest China, traversing the Gobi Desert and the Yellow River. Celebrated for its U-shaped canyon roads and vast, desolate landscapes, it is hailed as the "Chinese version of Route 66."

D7 中衛—190km 2.5h—水洞溝—50km 40min—覽山公園 Zhongwei → Shuidonggou Ancient Site → Lanshan Park

餐：早中晚

宿：中衛

Meals: BLD

Hotels: Yinchuan

水洞溝是中國最早發掘的舊石器時代古人類文化遺址，被譽為“中國史前考古的發祥地”，同時擁有獨特的雅丹地貌和明代軍事防禦體系。**覽山公園**採用仿古羅馬鬥獸場風格，建有弧形階梯劇場和歐式拱門長廊，形成獨特的城市天際線觀景視角。

Shuidonggou: China's earliest Paleolithic archaeological site and a geological wonder with Ming Dynasty military ruins.

Lanshan Park: Designed in the style of ancient Roman amphitheaters, it features a curved terraced theater and European-style arched colonnades, creating unique panoramic skyline vistas.

D8 銀川送機返程 Yinchuan Departure

餐：早+(機上用餐-國際段)

宿：/

Meals: B+(MOB)

Hotels: /

送機返程，抵達溫馨的家。

Transfer to airport for return journey. Arrive home.